

Health and Physical Education

General Outdoor Education



Year 11 Course	General Outdoor Education Unit 1 and 2
Structure	<p>Outdoor Education is a General course useful for those who have interest in continuing their involvement and improving their skills in Outdoor Recreation Activities.</p> <p>This course facilitates the development of knowledge and skills for participating safely in a range of outdoor activities along with a greater understanding and appreciation of the local natural environment. It assists students to develop a relationship with nature and empowers them to work towards achieving an ecologically sustainable world.</p> <p>The course lends itself to an integrated approach between practical experiences, the environment and conceptual understandings in which students enhance personal and group skills and build confidence, empathy and self-understanding.</p> <p>The practical activities components include Snorkelling, Backpacking, Rock Climbing, Abseiling, Canoeing, Mountain Biking Sailing and Camping.</p> <p>The course will prepare students for career and employment pathways in areas, such as; outdoor leadership, environmental interpretation, environmental planning, facilities management, eco-tourism, military service, outdoor education and many unforeseen areas evolving in the outdoors industry.</p> <p>This course leads into General Outdoor Education Units 3 and 4 in Year 12.</p>
Assessment Weighting	50% Theory 50% Practical
Prerequisites	None
Assessment Load	In each year: Excursion Planning and Investigation (25%) General Outdoor Education Skills (30%) Activity Specific Skills (20%) Excursion Report (25%)
WACE External Examinations in Year 12	None although there is an externally set task to be completed in class time.
Performance History	New to RSHS
Recommendations	Students who enrol in this course need to be prepared to present in front of their peers and push themselves out of their comfort zone and have enthusiasm and passion for what they are doing. Students also need to understand that they will be required to miss approximately 5 school days per year to enable involvement in excursions.